

## Canine Quality of Life Scale (the HHHHHMM Scale) Adapted from Dr. Alice Villaloboos

HURT Adequate pain control, including ensuring breathing ability, is first and foremost on the scale. Is my dog's pain successfully managed? Is he/she breathing easily? Does he/she need pain medication?

1 = Is severely painful, is mouth breathing, or panting 3 = Is moderately painful more than 50% of time, breathing is labored 5 = Is mildly to moderately uncomfortable less than 50% of time, breathing is increased but not labored 7 = Is

or infally	requ	ently	uncon	nforta	ble,	breat	hing is increased but not labored 9 = Is completely comfortable, breathing
2	3	4	5	6	7	8	9
not e some	ating thing	at al	I 3 = V	Vill ea	at a li	ttle if	s hand feeding help? Does my dog need an appetite stimulant or a feeding coaxed 5 = Won't eat regular food, but eats well if offered baby or people ss than before, but still interested in food 9 = Wonderful appetite, eats as
2	3	4	5	6	7	8	9
<b>HYDRATION</b> Is my dog well hydrated? Does he/she need fluid therapy, either at home or at the hospital? 1 = Moderate to severe dehydration 3 = Hydration is not normal, but dehydration is minimal 5 = Water consumption is decreased, but hydration is still adequate 7 = Fluid intake varies from day to day, but hydration is adequate 9 = Drinks water normally or excessively. Maintaining normal hydration							
2	3	4	5	6	7	8	9
<b>HYGIENE</b> My dog should be kept brushed and cleaned, particularly after elimination. Bedsores must be avoided, and all wounds kept clean.  1 = My dog is severely matted (painful), has pressure sores, or is badly soiled 3 = My dog is moderately matted, or coat is soiled. 5 = My dog has a few small mats, but his/her skin and coat are clean. 7 = My dog is not grooming as well, but I am able to keep coat and skin clean and wound-free. 9 = My dog is grooming himself/herself normally and is not soiled. He/she has no wounds.							
2	3	4	5	6	7	8	9
isolat solate I time	ed m d. S with	ore t eems famil	han 50 s depre y. 7 =	0% of essec Is stil	time I, lon I inte	e. Sh ely, a reste	d interest? Is he/she responsive to things (family, toys, etc.)? bws no interest in previously enjoyed activities. 3 = Is spending 50% of nxious, bored, or afraid. 5 = Spends some time alone, but still likes to d in old activities, but cannot always perform them. 9 = Is still doing all the became ill.
	not easome s ever 2  RATIO odera result a soile of soile	ally  2 3  GER Is my  not eating something sever  2 3  RATION Is oderate to be reased, but sever and sever	GER Is my dog not eating at al something species ever 2 3 4  RATION Is my coderate to sever eased, but hyce water normally 2 3 4  ENE My dog shill wounds kept by dog is severe soiled. 5 = My but I am able to soiled. He/she 2 3 4  PINESS Does misolated more to solated. Seems I time with families he/she was	BER Is my dog eating not eating at all 3 = V something special) 7 s ever  2  3  4  5  RATION Is my dog we oderate to severe dereased, but hydration s water normally or expecially a solicity of the solicity	GER Is my dog eating enough of the eating at all 3 = Will easy of the easy of	GER Is my dog eating enough?  not eating at all 3 = Will eat a lisomething special) 7 = Appetites sever  2  3  4  5  6  7  RATION Is my dog well hydrated oderate to severe dehydration is still adds water normally or excessively.  2  3  4  5  6  7  ENE My dog should be kept brull wounds kept clean.  y dog is severely matted (painfus soiled. 5 = My dog has a few soiled. 5 = My dog has a few soiled. He/she has no wounds  2  3  4  5  6  7  PINESS Does my dog express justification is still and soiled. He/she has no wounds  2  3  4  5  6  7  PINESS Does my dog express justification is still and soiled. Seems depressed, lon it time with family. 7 = Is still integies he/she was doing before he	GER Is my dog eating enough? Does not eating at all 3 = Will eat a little if something special) 7 = Appetite is less ever  2  3  4  5  6  7  8  RATION Is my dog well hydrated? Doderate to severe dehydration 3 = Horeased, but hydration is still adequates water normally or excessively. Main 2  3  4  5  6  7  8  ENE My dog should be kept brushed Il wounds kept clean. If y dog is severely matted (painful), has soiled. 5 = My dog has a few small pout I am able to keep coat and skin classified. He/she has no wounds.  2  3  4  5  6  7  8  PINESS Does my dog express joy an isolated more than 50% of time. She solated. Seems depressed, lonely, a I time with family. 7 = Is still intereste ies he/she was doing before he/she I

1 = Is no longer able to make it to outside to urinate/defecate. Soils on himself/herself 3 = Activity is decreased by more than 50%, but can still make his/her way to food and outdoors 5 = Ability to play, jump, run, and do normal nausea, diarrhea, frustration, falling down, seizures, and so forth.

MOBILITY Can my dog get up without assistance? Does he/she need human help? Is he/she having wobbiliness or

1 = No good days 3 = Bad days are 4 to 6 in 7 5 = Bad days 2 or 3 in 7 7 = Bad days are 1 in 7 9 = No bad days

2

stumbling?

\*A total over 35 points represents acceptable life quality to continue with pet hospice